

Gateway to Mental Health Recovery

2ND THURSDAY BROWN BAG LUNCH SERIES

Maryland Height Community Ctr
2300 McKelvey Road
Maryland Heights, MO 63043
Noon—1:00 p.m.

Bring your lunch and we'll provide drinks and cookies, with your RSVP.

To Register online go to <http://www.namistl.org/programs-2/2nd-thursday-seminars/>

Or call us at 314-962-4670.



January 10, 2019 - **Financial Planning Basics, from surviving to thriving!**

Speaker: John Priesmeyer, Financial Planner with Thrivent Financial

John is a fee-based planner who has been with Thrivent for over 12 years, focused on providing investment management and financial planning services in the areas of retirement and estate planning. The workshop will cover the topics of:

- Budgeting and credit,
- Protecting what you care about,
- Investing in your goals, and
- Estate planning ideas everyone needs